

Reception

Being Kind

Lesson 2

Learning Intention

To recognise the importance of saying sorry and forgiveness

Learning Outcomes

Know that arguing with friends and then making up can make friendships stronger

That resorting to violence is never right

Resources

Elephant glove puppet or toy

Picture of a crown and art materials to make crowns, i.e. paper or play-doh

Activities

1. Group Agreement

In a circle remind the class what rules are needed for behaviour in a circle i.e. look at and listen to the person who is speaking, put your hand up to talk and to sit with your legs crossed. Introduce Ezza the elephant and explain you are going to pass Ezza around the class to meet everyone again. Tell the group we are going to all be quiet and see how nicely we can pass Ezza around the circle taking turns to hold Ezza and say hello if we would like to.

2. Feeling Faces

Ask the class to practice putting different feelings on their faces. Each child makes a mask by covering their faces with their hands. Start this session with the feeling 'angry', on the count of three the group uncover their 'angry' faces. Gently shake off those faces and repeat with the feelings 'sad' and 'happy'.

3. Storytime – Ezza and Heckle have an argument

Use the Elephant puppet to tell a simple story about friends having an argument and then making up. An example text is below.

- Ezza the elephant and Heckle the hippo are both playing dressing up. 'Out of the box they pull a crown.
- 'I want to wear the crown' says Heckle. 'I want to wear the crown' says Ezza.
- They both grab one side of the crown and pull and pull. Now an elephant and hippo are both very strong, so it wasn't long before they heard a big crack and both animals tumbled backwards.
- Ezza and Heckle both hurt themselves and started to cry.
- 'Oh Heckle, are you ok?' Says Ezza. 'I'm sorry, says Heckle. I didn't mean to hurt you'.
- 'I'm sorry too' says Ezza and gives Heckle a big hug.

Ask questions to check understanding: Why did Ezza and Heckle feel angry? What happened when they were fighting? How did they make friends again?

4. Making A Crown

Discuss with the class what Ezza and Heckle could have done instead of fighting over the crown. Move to tables and suggest we all make a crown (you could use playdoh or cardboard) so that Ezza and Heckle can both have a crown.

5. Saying Sorry

Back in a circle on the floor ask the class what Ezza said to Heckle after their argument and how did it make Heckle feel. Explain that we are going to pass Ezza around the class and imagine we are Heckle the Hippo and we are going to say sorry to Ezza so we can both feel better